

Original Article

IKS-Role of Indian Epics (Mahabharata, Ramayana) in Shaping Societal Values and Norms

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Abstract

Indian epics like the Mahabharata and Ramayana have significantly shaped Indian society, influencing its values, norms, and cultural ethos for centuries. Attributed to Sage Vyasa and Sage Valmiki respectively, these epics blend myth, history, and philosophy, permeating Indian culture through art, literature, music, and theater. Central to their teachings is the concept of dharma, or righteousness, a cornerstone of Hindu philosophy. The Bhagavad Gita in the Mahabharata emphasizes duty and righteousness, while the Ramayana illustrates dharma through Lord Rama, the epitome of virtue. Characters like Sita and the Pandavas embody sacrifice, devotion, and duty, serving as moral role models. The epics offer insights into kingship, governance, justice, and law. Rama's rule, or Rama Rajya, is idealized for its justice and prosperity, while the Mahabharata delves into the complexities of ethical governance and moral dilemmas. These timeless stories continue to resonate in contemporary Indian society, shaping political discourse, social debates, and personal conduct. Festivals like Diwali and Dussehra celebrate episodes from the Ramayana, reinforcing its moral lessons. Modern adaptations in television and film reinterpret these epics for today's world, ensuring their continued relevance. Together, the Mahabharata and Ramayana serve as enduring guides, bridging the past and present while upholding India's cultural and spiritual heritage.

Keywords: Mahabharata, Ramayana, Dharma, Societal values, Gender roles, Kingship, Cultural heritage.

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Submitted: 18 Aug 2024 **Revised:** 29 Aug 2024 **Accepted:** 15 Sep 2024 **Published:** 31 Oct 2024

INTRODUCTION

The Mahabharata and Ramayana are not merely ancient texts; they are integral to the cultural and social fabric of India. These epics transcend their mythological narratives to become vehicles of moral and ethical instruction, providing a foundation for societal values and norms. Through generations, the stories of these epics have been passed down, influencing the collective consciousness and guiding the moral compass of society. This article explores how the Mahabharata and Ramayana have shaped societal values and norms in India, examining their historical, cultural, and ethical impacts.

OBJECTIVES:

- To understand the Indian Epics.
- Historical Context and Cultural Significance
- Impact of Indian Epics on Contemporary Society

METHODOLOGY

The research paper is based on secondary data. The data is taken from different research reports, journals, websites and research papers, magazines and daily Newspapers, and other educational textbooks.

Historical Context and Cultural Significance

The Mahabharata and Ramayana are monumental epics deeply embedded in Indian culture. The Mahabharata, attributed to Vyasa, chronicles the Kurukshetra War and explores themes of duty and righteousness. The Ramayana, by Valmiki, tells Rama's story of exile and rescue of Sita, emphasizing ideals of loyalty and virtue. Both epics are not just literary works but foundational texts that have shaped cultural values, societal norms, and moral teachings in India over millennia.

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| Quick Response Code:  | Access this article online |
| | Website: https://rlgjaar.com |
| | Website: https://www.doi.org |
| | DOI: 10.5281/zenodo.14059955 |

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How to cite this article:

Badlakkanavar, D. D. Y. (2024). IKS-Role of Indian Epics (Mahabharata, Ramayana) in Shaping Societal Values and Norms. Royal International Global Journal of Advance and Applied Research, 1(4), 10–13. <https://doi.org/10.5281/zenodo.14059895>

1. **The Mahabharata:** The Mahabharata, attributed to Vyasa, is one of the longest epic poems in the world. It narrates the story of the Kurukshetra War between the Pandavas and Kauravas, interwoven with numerous subplots and philosophical discourses. The epic is not just a tale of conflict but a comprehensive guide to dharma (righteousness), artha (prosperity), kama (pleasure), and moksha (liberation).
2. **The Ramayana:** The Ramayana, attributed to Valmiki, recounts the life of Rama, the prince of Ayodhya, his exile, the abduction of his wife Sita by the demon king Ravana, and her subsequent rescue. The Ramayana emphasizes ideals such as loyalty, devotion, and righteousness. Both epics have permeated Indian culture through literature, drama, dance, and oral traditions, becoming pivotal in shaping the ethical and moral landscape.

1. Ethical and Moral Frameworks

The Mahabharata and Ramayana offer profound ethical and moral frameworks central to Indian values. The Mahabharata, through the Bhagavad Gita, explores dharma (righteous duty) and the complexities of ethical decision-making, highlighting the importance of performing one's duty without attachment to outcomes. In contrast, the Ramayana underscores truthfulness and integrity through Rama's unwavering commitment to his duties as a son, husband, and king. Both epics stress the importance of adhering to moral principles and duty, presenting models of righteous behavior and ethical living that continue to influence Indian cultural and social norms.

- **Dharma:** Central to both epics is the concept of dharma. In the Mahabharata, the Bhagavad Gita, a dialogue between Arjuna and Krishna, delves deeply into the nature of duty and righteousness. Arjuna's moral dilemma about fighting in the war is addressed by Krishna, who expounds on the importance of performing one's duty without attachment to the results. In the Ramayana, Rama epitomizes the adherence to dharma. His unwavering commitment to his duties as a son, husband, and king, even at great personal cost, sets a benchmark for ethical behavior.
- **Truth and Integrity:** Truth (Satya) and integrity are recurring themes. The Mahabharata presents complex situations where truth and deception interplay, ultimately illustrating that adherence to truth is paramount for societal harmony. Yudhishtira, known for his unwavering truthfulness, serves as a model for integrity. In the Ramayana, Rama's honesty and adherence to promises underscore the value of truth. His decision to honor his father's word, even when it means relinquishing the throne and living in exile, reinforces the importance of truthfulness.

2. Societal Values and Norms

The Mahabharata and Ramayana significantly influence Indian societal values and norms. Both epics highlight the importance of family loyalty and duty. In

the Ramayana, Rama's devotion to family, exemplified by his relationship with Lakshmana and Bharata, underscores the value of familial bonds and loyalty. Similarly, the Mahabharata depicts the strong unity among the Pandavas, illustrating the strength of family support. Gender roles are complex in these texts, with characters like Sita and Draupadi challenging and reinforcing traditional norms. Despite their patriarchal context, these epics present strong female figures and emphasize virtues such as truth, devotion, and righteousness, shaping ethical standards and social expectations across generations in Indian society.

- **Family and Loyalty:** Both epics emphasize the significance of family and loyalty. The Ramayana portrays the ideal relationships between brothers, as seen in Rama's bond with Lakshmana, and the devotion of Bharata, who refuses to accept the throne in Rama's absence. In the Mahabharata, the bond among the Pandavas highlights the strength of familial loyalty. Their unity and collective efforts in facing adversities underscore the importance of family support.
- **Gender Roles and Equality:** While the epics reflect the patriarchal norms of their times, they also present strong female characters who challenge these norms. Sita, in the Ramayana, exemplifies devotion and strength. Her trials and unwavering faith have inspired countless narratives on resilience and virtue. The Mahabharata introduces Draupadi, a powerful figure who questions the injustices she faces. Her role in the epic challenges the subservient portrayal of women and highlights their agency and strength.

3. Philosophical and Spiritual Insights

The Mahabharata and Ramayana offer profound philosophical and spiritual insights. The Mahabharata, especially through the Bhagavad Gita, explores karma (the principle of cause and effect) and the importance of performing one's duty without attachment to results. It promotes living according to dharma (righteousness) as a path to spiritual liberation. The Ramayana highlights the power of devotion and duty through characters like Hanuman, whose unwavering loyalty to Rama exemplifies selfless service. Both epics emphasize that adherence to ethical principles and spiritual devotion are crucial for personal growth and societal harmony, providing timeless guidance for moral and spiritual living.

- **Karma and Rebirth:** The doctrines of karma (action) and rebirth are crucial in both epics. The Mahabharata elucidates how actions in one's life determine future outcomes, stressing the importance of ethical conduct. The Ramayana also reinforces this belief, with characters experiencing the consequences of their actions across lifetimes, thereby advocating for righteous living.
- **Devotion and Duty:** Bhakti (devotion) and duty (kartavya) are interwoven into the narratives. The

devotion of Hanuman to Rama in the Ramayana exemplifies the ideal of selfless service. Hanuman's unwavering dedication sets a standard for devotional practices in Indian culture. The Mahabharata's emphasis on performing one's duty, as illustrated in the Bhagavad Gita, has influenced various spiritual and philosophical discourses, promoting the idea that fulfilling one's responsibilities is a path to spiritual liberation.

4. Impact on Contemporary Society

The Mahabharata and Ramayana profoundly impact contemporary Indian society. Their ethical teachings shape legal systems and moral debates, influencing jurisprudence and societal norms. The epics are integral to education, literature, and popular media, continually reinforcing their values. Leaders like Mahatma Gandhi drew inspiration from these texts, shaping modern social and political movements. While interpretations evolve, the core principles of duty, truth, and devotion remain influential, guiding personal conduct and societal values in today's world.

- **Legal and Ethical Systems:** The principles derived from the Mahabharata and Ramayana have influenced India's legal and ethical systems. Concepts of justice, duty, and morality from these epics have found their way into modern jurisprudence and ethical debates.
- **Education and Literature:** The epics are integral to the Indian educational system and literature. They are included in school curricula, ensuring that children imbibe their moral lessons. Numerous literary works, plays, and movies draw inspiration from these epics, continually reinforcing their values.
- **Social Movements and Leadership:** Leaders like Mahatma Gandhi drew inspiration from the Ramayana and the Bhagavad Gita. Gandhi's principles of non-violence and truth were profoundly influenced by these texts, shaping his leadership and the Indian independence movement.

CONCLUSION

The Mahabharata and Ramayana have played a pivotal role in shaping the societal values and norms of India. Their teachings on dharma, truth, loyalty, and righteousness continue to resonate, providing ethical and moral guidance. While contemporary interpretations and critiques offer fresh perspectives, the enduring legacy of these epics in Indian culture and society remains profound. Through their narratives, they continue to inspire, instruct, and influence, affirming their timeless relevance.

Acknowledgments

The author is thankful to Dr. Basavaprabhu Jirli, Director, Centre for Multi-Disciplinary Development Research (CMDR) (An ICSSR Institute) for granting permission to carry out the work.

Financial support and sponsorship

Nil.

Conflicts of interest

There are no conflicts of interest.

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