



Original Article

Parenting Style and Academic Achievement: A Systematic Review of Literature

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Abstract

A systematic evaluation of the literature was conducted to investigate the available literature on the relationships between parenting style and adolescent academic achievement. The goal of this study is to add to our growing understanding of the relationship between parental style and adolescent's academic achievement. Elsevier, Academia, ERIC, Taylor and Francis Journals, Science Direct, Springer, and Google were used to conduct a comprehensive automated search for relevant literature. The availability of the most recent and relevant data was the main focus of the search; hence this review study focused on 31 research articles. According to the research, parenting styles has a clear correlation with academic accomplishment. Authoritative parenting style is linked to improved academic success, according to research. While permissive parenting has both beneficial and bad consequences on adolescents' academic attainment. According to the current review, future research directions that could provide more important information about parenting styles and academic achievement, as well as examine the direct influence of parenting styles on academic achievement in adolescents in various cultural contexts, should be pursued.

Keywords: Parenting style, Academic Achievement, Adolescence

Introduction

(Baumrind, 1991) "Parenting is a complex activity that includes many specific behaviours that work individually and together to influence child outcomes". Parenting style is "a constellation of parental behaviours and attitudes towards their children that are conveyed to the children and that, as a whole, create an emotional bond in which the parents' behaviours are expressed" (Darling & Steinberg, 1993). A student's status is determined at each level of the school by certain achievement metrics, which also serve as a foundation for decisions concerning the additional learning opportunities that will be offered in later stages. Children's academic success is thought to be significantly influenced by parental participation and parenting style. (Shute, Hansen, Underwood, & Razzouk, 2011). Schaefer and Edgerton (1985) "found that parents who have more progressive parenting styles and who view their children as being active and independent agents tend to have children who score higher in ability tests. Children having a positive relation with parents tend to do better in school." The parenting styles framework frequently conceptualises the quality of parent-child relationships, which has been used as a foundation for comprehending variations in adolescents and children's achievements (Baumrind, 1971, 1991). Positive traits including motivation, self-efficacy, and self-esteem have been linked to higher academic accomplishment. (Elliot and Dweck, 2005). The researchers looked into several aspects of parenting styles and academic achievement. The goal of this review is to carefully summarise the existing information from past research on parenting style and academic achievement. Finally, the review concludes with a discussion of the findings and their practical consequences. Baumrind (1991) suggested a number of aspects of parenting, including warmth or nurturing, expectations (maturity demands), regulations that are clear and consistent (control) and interaction between parents and children. She proposed three distinct combinations of these traits: permissive style, authoritarian style, and authoritative style.

Brief Analysis of Parenting Style

1. Authoritarian Parenting Style: Low warmth and excessive control are traits of an authoritarian parenting style. These parents are frequently emotionally distant but overbearing.

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To limit their children's autonomy, they employ punishment and coercion (Baumrind, 1973).

2 Authoritative Parenting Style: The authoritative parenting style is characterised by strong levels of warmth and control. A compromise between permissive and authoritarian parenting is offered by authoritative parenting. When interacting with their children, authoritative parents value linguistic give-and-take and use logic and consistency (Baumrind, 1978).

3. Permissive Parenting Style: This parenting style is defined by an affirmative, accepting, and more open attitude toward children, allowing them to be free of restraint.

4. Uninvolved Parenting Style also known as neglectful or rejecting parenting style. In which parents lack both responsiveness and demandingness.

Parents are seen very effective in forming the personalities of adolescents. Parental support during stressful periods of transition predicts positive adolescent mental health.

Objectives of the study

- To identify studies describing Parenting styles and Academic achievement.
- To identify association between Parenting styles and academic achievement.
- To analyse and interpret the relationship of parenting style and academic achievement.

Methodology

To find and choose relevant papers, a systematic review of the literature was conducted. This type of review aids in the integration and organisation of studies and their outcomes.

1 Inclusion and exclusion criteria

Only relevant studies should be included in this review, it was decided. Studies focusing on parenting styles and academic achievement that are published in English are a condition for inclusion. Alternative than parenting styles and academic attainment, studies that used other methods were eliminated. The review excluded meta-analyses, case studies, and other unpublished findings.

Data analysis process

Data selection process

The goal, research questions, objectives, study design, sample process, findings, and conclusions were all taken from these articles.

Screening

The material that showed relevance was extracted in this step so that common points of observation could be combined to prove the review's principal goal. Mediating variables were investigated using secondary data sources. To build a solid foundation for the study, data were carefully selected and then processed in a systematic manner.

Evident findings

This study was carried out because the review's included research indicate that parental practices have a significant influence on teenagers' academic success, as table 1 illustrates.

Findings from literature

There are 31 research publications in the literature review. Figure 1 depicts the publishing of studies conducted in various nations around the world. The publication of works in various journals is depicted in Figure 2.

Table 1. Research demonstrating the association between academic achievement and parental style

S.no.	Year	Studi's support	Database	Results
1	2010	Kordi & Baharudin	IJPS	Authoritative parenting styles were associated with higher levels of children's school achievement.
2	2010	Areepattamannil	Springer	Parenting style has an impact on Children's school achievement. Family, Socio economic status, parental encouragement. School achievement was positively correlated with parental expectations and views.
3	2011	Besharata, Azizia & Poursharifi	Science Direct	Mothers authoritativeness significantly predict adolescents' academic achievement. while as, authoritarian style was negatively associated with academic achievement.
4	2011	Kang & Moore	David Publishing	Authoritative parenting style was found as the dominant parenting style which was associated with adolescents' high academic performance.
5	2011	Nyarko	AJSMS	Authoritative parenting style of both parents was found positively related to the adolescent's academic achievement.
6	2012	Necsoi, Porumbu & Beldianu	Science Direct	A child's academic performance is significantly impacted by parental educational practices and the parents' backgrounds, which also have an impact on parent-child relationships.



7	2012	Dehyadegary et.al	Asian Social Science	Academic achievement has a strong correlation with authoritative parenting but a negative association with permissive parenting.
8	2012	Rivers et.al.	Taylor& Francis	Authoritative parenting style results into better academic performance and demonstrates more intrinsic motivation in students' academic pursuits.
9	2012	Ishak, Low & Lau	Springer	Academic achievement was significantly associated with parenting styles.
10	2013	Huey et al.	Sage journals	Adolescents who demonstrated a rise in their overall GPA during the course of study were associated with an authoritative parenting style.
11	2013	Matejevic, Jovanovic & Jovanovic	Science Direct	Mothers with an authoritative parenting style were more likely to be involved in school-related activities and have more successful teenagers. Fathers who have an authoritarian parenting style tend to spend less time participating in school-related activities.
12	2014	Abdi, Yasavoli & Yasavoli	Science Direct	Parenting styles have a direct relationship with academic achievement.
13	2014	Khan et.al	Science Direct	Authoritative parenting style was the most commonly used by parents. Parenting styles shows significant relationship with the academic achievement.
14	2014	Chen	Elsevier	Mothers who had an authoritative parenting style were linked to their children's achievement and increased involvement in school activities. Fathers tend to have an authoritarian parenting style, which is linked to a lack of time for school-related activities.
15	2014	Kashahu et.al.	European Scientific Journal	Authoritative parenting style results into better academic achievement. Authoritarian parenting is related with the family's low social status and economic level.
16	2014	Yasmin, Kiani & Chaudhry	International Journal of Technical Research and Applications	Teenagers' academic success was positively correlated with their parents' authoritative styles, while as, it was found to be negatively correlated with the authoritarian parenting styles of both parents.
17	2015	RahimPour et.al	JCDR	Parenting styles influences the students' academic performance.
18	2016	Inam, Nomaan & Abiodullah	Bulletin of Education and Research	Adolescents who had parents that were either entirely authoritative, fully permissive, or used a combination of both parenting styles performed noticeably higher than those whose parents were only lenient.
19	2016	Tanvir, Bukhari & Fayyaz	International SAMANM Journal of Business and	Parenting style has an impact on children's academic achievement. Authoritative parenting style of father was best for improving academic achievements.



			Social Sciences	
20	2016	Kuan & Wang	Journal of Peasant Studies	Academic achievement would be highest for children whose parents adopted the lenient style.
21	2016	Odongo, Aloka & Raburu	Journal of Education and Practice	Children that have authoritative parents are more open-minded, which fosters mutual understanding and improves a child's academic achievement.
22	2017	Lata & Tripathi	IJELLH	Parenting style dimensions were positively related with academic achievement
23	2017	Papageorgioua & Callaghanb	Taylor & Francis	Male students' performance is positively correlated with authoritative parenting, but female students' performance is inversely correlated with it. Authoritarian parental style is found to be negatively associated with student performance.
24	2017	Adegboyega et.al	Anatolian Journal of Education	Academic achievement is more positively affected by democratic parenting compared to authoritarian or permissive parenting.
25	2018	Dagnew	Research in Pedagogy	Authoritative parenting style has a positive and significant relation with academic achievement of students.
26	2019	Checa et.al	Frontiers in Psychology	Maternal sensitive parenting styles appeared to be significant predictors of academic outcomes.
27	2019	Kassa & Rao	JASRE	Parenting styles are having positive and significant relationship with academic achievement.
28	2019	Smith	PROQUEST	Authoritative parenting was associated with higher levels of high academic achievement
29	2019	Amani, et al	European Journal of Psychology of Education	Academic success was favorably correlated with authoritative parenting, but not with authoritarian or permissive parenting. Early adolescent intellectual achievement was favorably and strongly correlated with authoritative parenting.
30	2020	David & Orluwene	American Journal of Psychology	Authoritative parenting style results into better academic achievement among students.
31	2020	Yang & Zhao	Science Direct	Authoritative parenting style is more conducive to improve children's academic performance. Adolescent's academic achievement is more significantly impacted by mothers' ways of parenting than by fathers'.

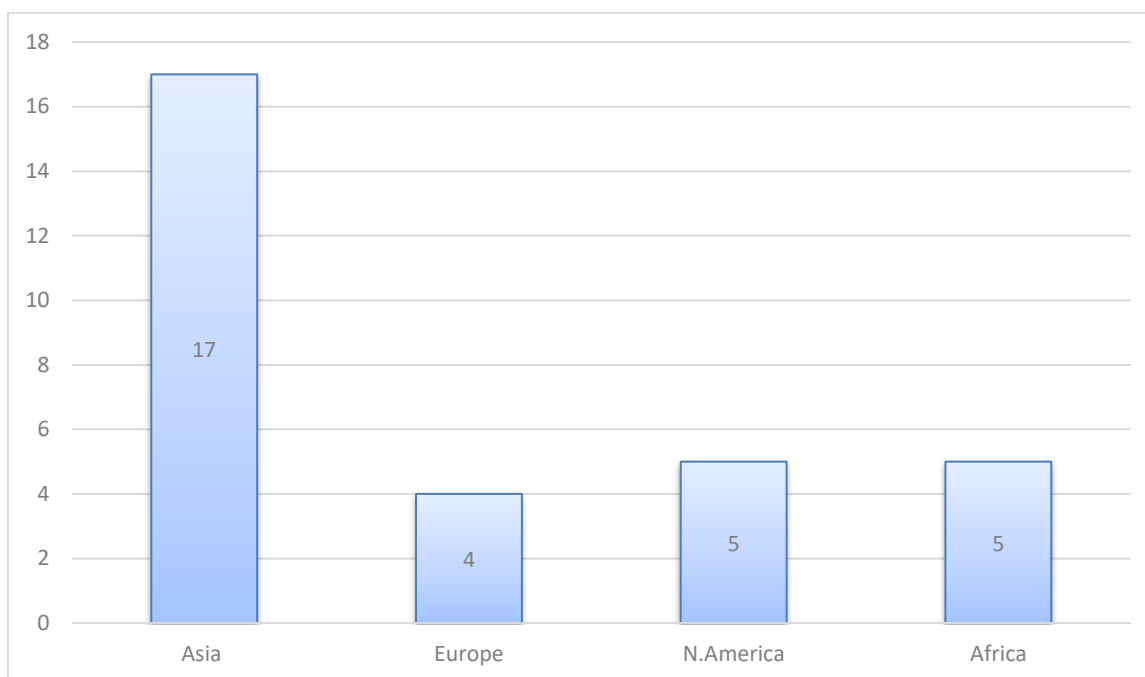


Fig.1.Publication per continent

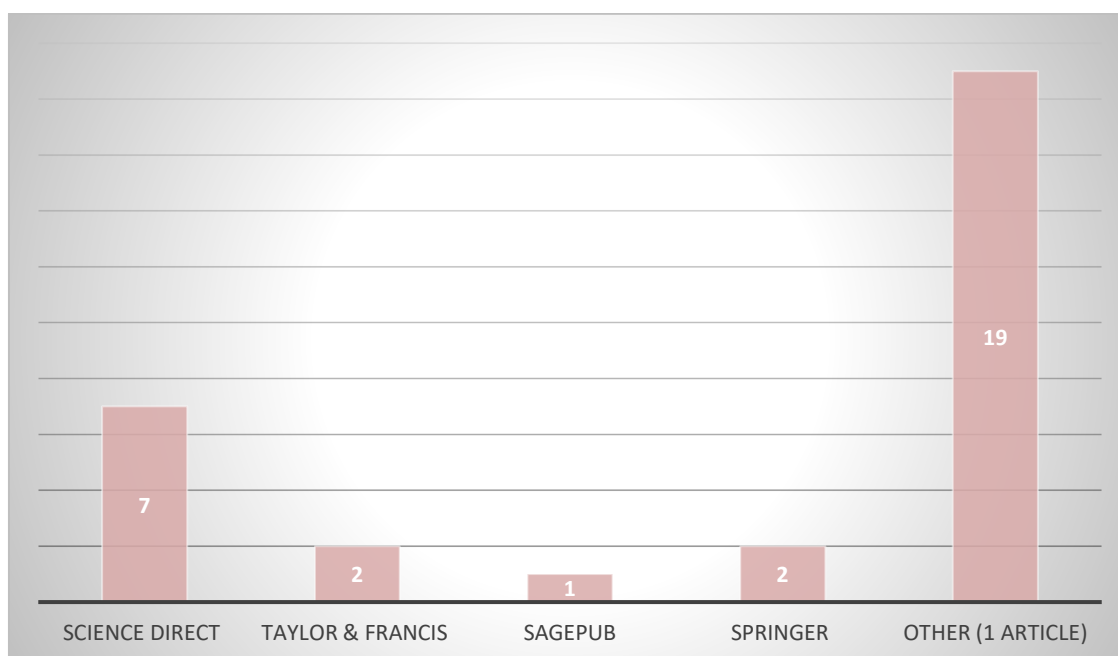


Fig.2.Publication per journal

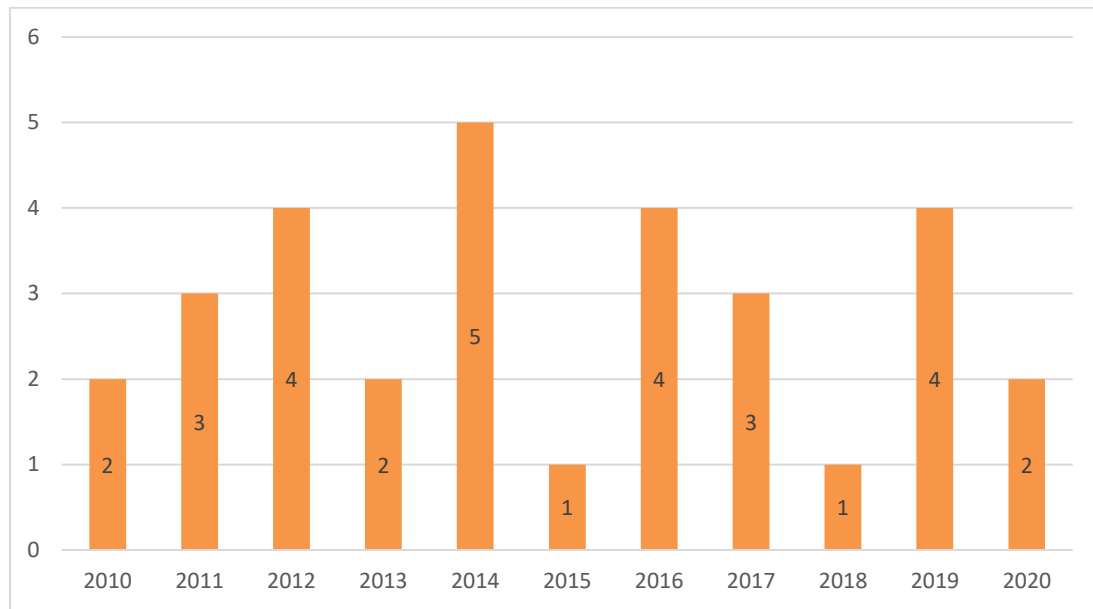


Fig.3 Per year publication

Figure 3 depicts studies that were published during various time periods. From the year 2014 and forward, the graph shows a growing tendency. As illustrated in Fig.2, the

journal Procedia Social and Behavioural Sciences, The Irish Journal of Psychology, and other international journals play a major role in research.

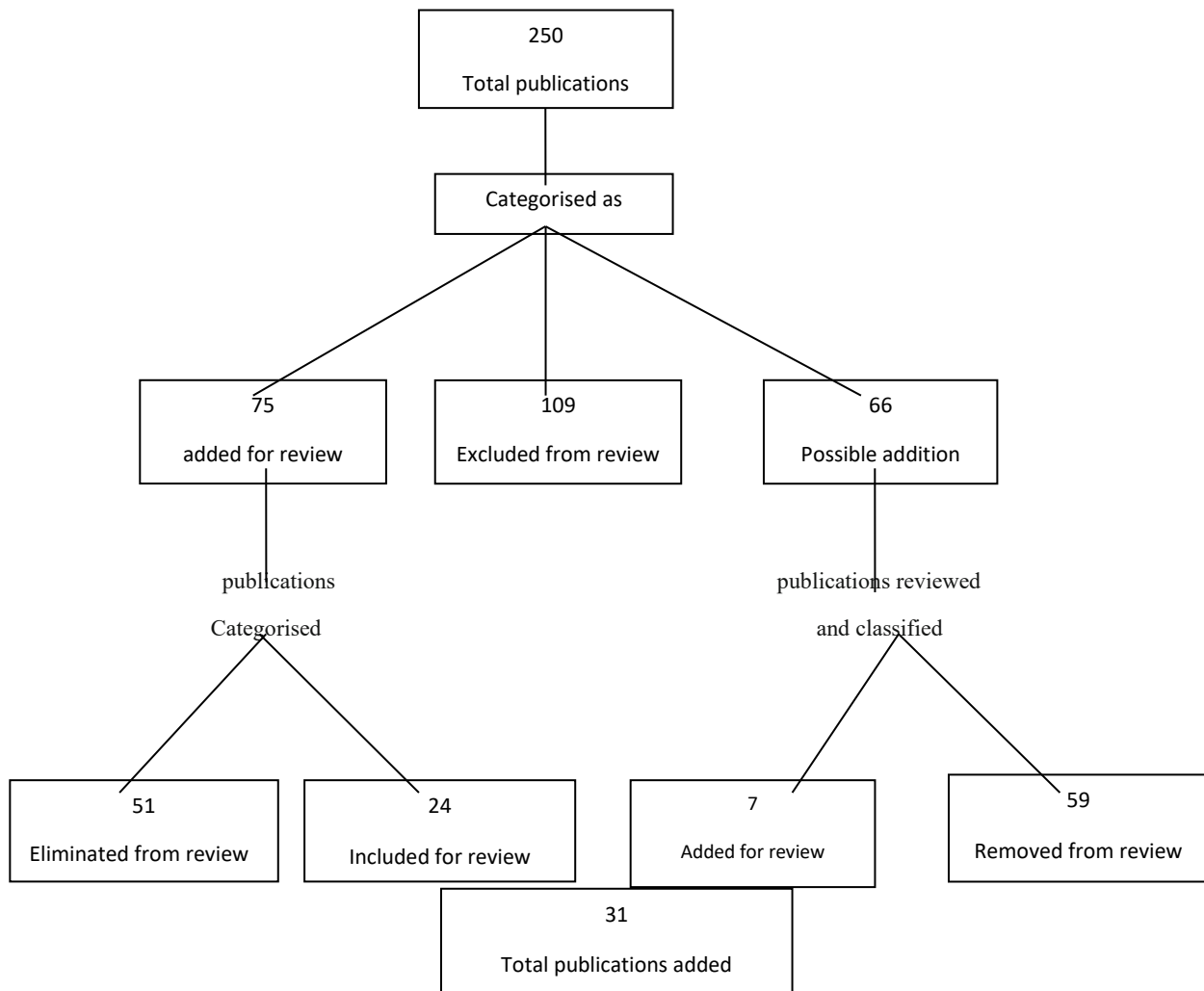


Fig.4. Design of the study

The geographical depiction displayed in Figure 1. shows the majority of the studies carried out in Asia, where parenting styles are thoroughly examined and the impact of parenting styles on adolescent academic attainment is studied. This

demonstrates how much greater attention is placed on the role of parenting style. Other continents, such as Europe, North America, and Africa, had less studies.

Table 2. An overview of research on parenting styles and academic achievement

Publication Year	Author/s	N	Design of study	Variables		Findings
				Moderating/Mediating		
2010	Areepattamannil	6626	Survey	SES		Parenting style has an impact on Children's school achievement.
2011	Besharata, Azizia & Poursharifi	1077	Cross-sectional			Maternal authoritative parenting style could significantly predict adolescents' academic success.
2011	Kang & Moore	122	Correlational			Authoritative parenting style was one of the most popular parenting styles among Chinese parents, is closely associated with high school performance of adolescents.
2011	Nyarko	239	Survey			Both parents authoritative style is positively relate to the academic achievement of the students.
2012	Necsoi, Porumbu & Beldianu	100	Correlational			Parental qualification and their personal background influence their relationship with children and are significant factors that affect child's academic achievement.
2012	Dehyadegary et.al	382	Cross-sectional			Authoritative parenting style has positive significant correlation with academic achievement, while permissive parenting style has negative correlation with academic achievement.
2012	Rivers et.al.	148	Correlational		Motivation, Goal orientation, Self-efficacy	Authoritative parenting style results into better academic performance and demonstrates more intrinsic motivation in students' academic pursuits.
2012	Ishak, Low & Lau	493	Cross sectional		Parenting styles	Academic achievement was significantly associated with parenting styles.
2013	Huey et al.	88	Cross sectional	Gender and family pattern		Authoritative parenting style was related to an increase in the overall grades of adolescents.
2013	Matejevic, Jovanovic & Jovanovic	600	Correlational			Mothers' authoritativeness was associated with better involvement in school activities and better academic success. Authoritarian parenting style was dominant for fathers and was related with time related issues important for involvement in instutional activities.



2014	Abdi, Yasavoli & Yasavoli	500	Correlational		Life Satisfaction	Parenting styles have a direct relationship with academic achievement.
2014	Khan et.al	200	Correlational	Gender, age, ethnicity		Authoritative parenting style was the most commonly used by parents. Parenting styles shows significant relationship with the academic achievement.
2014	Chen	339	Survey		Goal orientation	Perceived Authoritative parenting was positively associated with Chinese students' academic achievement.
2014	Kashahu et.al.	220	Correlational			Authoritative parenting style results into better academic achievement. Authoritarian parenting is related with the family's low social status and economic level.
2014	Yasmin, Kiani & Chaudhry	350	Correlational	Gender		authoritative style of both parents was a positive predictor of academic achievement of adolescent. While as,authoritarian styles of parents were found to be a negative predictor of academic success.
2015	RahimPour et.al	400	Cross-sectional	Occupation		Parenting styles influences the students' academic performance.
2016	Inam, Nomaan & Abiodullah	210	Descriptive			Authoritative and Permissive styles or combination of both shows significantly better result than the students whose parents were permissive in their actions only.
2016	Tanvir, Bukhari & Fayyaz	80	Survey			Parenting styles are having an impact on children's academic achievement. Authoritative parenting style of father was best for improving academic achievements (CGPA).
2016	Kuan & Wang	14822	Survey			Permissive style leads towards better academic performance among adolescents. Authoritative and neglectful type of parenting style have negative impact on adolescents' academic success.
2016	Odongo, Aloka & Raburu	263	Mixed			Authoritative parenting style improves academic achievement of adolescents.
2017	Lata & Tripathi	280	Correlational			Parenting style dimensions were positively related with academic achievement
2017	Papageorgioua & Callaghanb	953	Correlational	Gender, age, Race, SES		Authoritative parenting style is positively correlated with academic success of female students and negatively correlated with male students.



2017	Adegboyega et.al	240	Survey			Authoritative parenting style has positive impact on academic success than Authoritarian parenting style.
2018	Dagnew	136	Correlational		Intrinsic, extrinsic motivation	Authoritative parenting style has a positive and significant relation with academic achievement of students.
2019	Checa et.al	78	Correlational			Maternal sensitive parenting styles appeared to be significant predictors of academic outcomes.
2019	Kassa & Rao	502	Correlational			Parenting styles are having positive and significant relationship with academic achievement.
2019	Smith	7	Qualitative	Race		Authoritative parenting was associated with higher levels of high academic achievement
2019	Amani, et al	702	Cross sectional			Democratic parenting style was positively correlated with academic success of adolescent students than permissive parenting style.
2020	David & Orluwene	200	Survey			Authoritative parenting style results into better academic achievement among students.
2020	Yang & Zhao	9920	Survey			Authoritative parenting style is more conducive to improve children's academic performance. Parenting style of mothers plays more vital role in children's academic performance than do parenting styles of fathers.

Table 3 Summary characteristics of reviewed studies

The descriptive and prescriptive branches of each article in this review have been separated. There are 31 studies in total, 28 of which are prescriptive and three of which are descriptive. Descriptive studies include case studies, other mixed method studies, and review studies, whereas prescriptive studies include conceptual and literature review investigations.

Because of the language barrier, this review only contains articles published in English. The key phrase "parenting styles and academic achievement of adolescents" was used to

search for articles. This review does not include case studies, presentations, or meta-analysis. This review examines the literature on the relationship between parenting styles and academic accomplishment, as well as the literature on the two variables and their relationship. The strengths and research design of the articles included in this review were not classified. The studies considered in the review are listed in Table 1, with the major findings highlighted. Table 2 summarises all of the articles that fulfilled the specified criteria. The review table 3 comprised all of the studies that met the inclusion criteria.

Characteristics of studies	No of studies (N =31)	Number of studies that included academic achievement
Parenting styles	31	31
Study design		
Prescriptive	29	
Descriptive	3	
Data collection design		



Cross-sectional	6	
Correlational	13	
Survey	8	
Qualitative	1	
Descriptive	1	
Mixed	1	
Student sample education level		
Primary	2	
Middle	7	
Secondary	9	
Higher Secondary	7	
College/University	6	
Review studies	1	
Country		
Iran	4	
Kenya	1	
Malaysia	4	
Canada	1	
U S A	2	
Ghana	1	
Romania	1	
Serbia	1	
Pakistan	3	
India	2	
Albania	1	
China	3	
Taiwan	1	
Nigeria	2	
Ethiopia	1	
Spain	1	
Florida	1	

Results

The review looks at the outcomes of 31 studies that looked into the link between parental style and student academic achievement. According to studies, there is a relationship between a parent's parenting style and a student's academic achievement. This is supported by Jacobs and Harvey (2005) who concluded that parenting style is one of the significant contributors to student's academic achievement in school. Results further revealed that authoritative parenting style is the positive predictor of academic achievement which is supported by the studies conducted by (Slaten, 2006; Dornbusch et al., 1997) who depicts that children have better school outcomes if their parents are more authoritative. Further Baumrind (1967, 1991) reported that children who had authoritative parents were more active, achievement-oriented and independent as compared to children who have non-authoritative parents, study further revealed that authoritative parenting had children who were academically successful, responsible, independent and mature. (Rogers et al. 2009, p. 35) supports this view point that "when parents use a supportive and encouraging style of involvement, they provide their children with a sense of initiative and confidence in relation to learning". This study supports authoritative parenting styles and practises among parents who appear to be responsible, dependable, kind, courteous, and encouraging to their children. As a result, parents should get a better grasp of their parenting styles through advice and counselling programmes aimed at educating and empowering parents on a variety of parenting difficulties and approaches. Parents should adopt authoritative parenting approaches in order to improve communication with their children and provide better direction and growth, particularly in terms of academic accomplishment.

Review also concluded that educational level, personal history of parents and maternal sensitive parenting where having an influence on parent child relationship and were significant factors that affect child's academic outcome. This is being supported by (Georgiou, 1995; Sputa & Paulson, 1995; Astone & McLanahan, 1991; Dornbusch, Ritter, Mont-Reynaud, & Chen, 1990) who revealed that children from lower income, less educated, single parent and large families perform less well in school than those from higher income, better-educated, two-parent and small families. Parents with a high level of education are authoritative, implying that they have a responsibility to their children. It shows that adolescents with high academic achievement have parents that use an authoritative parenting style. Bronfenbrenner's biological model supports the idea that a child's development and achievements are linked to the micro-environment in which he lives, particularly his family's micro-environment.

Parenting techniques were observed to differ between cultures, with authoritarian parenting being the most prevalent in Asia and Africa. One study in Asia found that adopting permissive parenting techniques by both parents results in improved academic performance. While in Europe, authoritarian and authoritative parenting methods, as well as parents' educational levels, were linked to biracial children's scholastic achievement and identity formation. (Chao 1994) claimed that Chinese adolescents might interpret the parenting received as more loving and less demanding than their European American peers, although

he did not support this statement with empirical evidence. There are certain implications from this review.

According to the study, authoritative parenting leads children towards greater academic outcomes. Secondly the review reveals that, in comparison to other parenting styles (authoritarian and permissive), authoritative parenting has a stronger impact on teenagers' academic success. Third, according to the majority of studies, Asian parents tend to be authoritative and lenient rather than authoritarian. In conclusion, it is advised that parenting styles be further investigated, as well as the role of authoritative parenting and the educational level of the parents.

Discussion

Individuals' behavioural problems and deviations are primarily the result of their families' poor parenting styles, and the majority of teenagers with wrongdoing inclinations come from homes with poor parenting methods. Parents with strict parenting approaches and those who have an uncoordinated relationship with their children or a low willingness to accept or involve them in psychosocial activities create an environment that encourages teenagers to engage in dangerous or high-risk behaviours. Parental strategies for children and family training systems are among the most important aspects in the development of a child's personality. These might be motivating factors in their development and health improvement. Instead of putting things on children, it is vital to comprehend what is required for their greater understanding, total personality development, and what they desire. Parenting styles that are flexible, sensitive, and provide reasons for constraints imposed on their children are beneficial to their upbringing. According to the review, parenting style is linked to students' academic achievement, as investigated by researchers in their studies. According to the findings, parental style has an impact on teenage academic attainment. According to studies, authoritative parenting resulted in better teenage achievement than other parenting approaches. Academically, adolescents whose parents used an authoritative parenting style performed better. As authoritative parents, they provide proper autonomy, a loving family atmosphere, encourage individuality, and are actively involved in their children's school activities.

The authoritative parenting approach boosts academic achievement. Studies indicated that students whose parents were more involved in their education earn higher grades in school and authoritative parents were more likely to be involved in helping school homework and more likely to encourage academic excellence (Stevenson & Baker, 1987). Autonomy perceived in children's authoritative parenting may help to prepare children to learn how to satisfy their internal needs (e.g. interests) and for the inherent sake of learning, which consequently relates to better academic achievement. (Gonzalez. et.al., 2001, 2002). Review suggests that authoritative parenting style was positively and significantly related with academic self-concept, intrinsic motivation & extrinsic motivation which in turn brings change in students' academic achievement (Dagnew 2018). Studies revealed that both authoritative & permissive parenting styles have significant positive correlation with academic achievement by practicing either of these parenting style academic achievement will be better as compared to authoritarian parenting style which has

significant negative relationship with academic achievement (Kassa & Rao 2019). One of the study found that authoritative parenting style was related with mothers which were genuinely involved in their school activities which results into better academic success. While as authoritarian parenting style was associated with fathers which were associated with lack of time in their school activities and hence results into poor academic success (Matejevic et.al. 2013). "Authoritative parents support their children, encourage them to do well academically, and explain the need for education in order to become a successful adult" (Adegboyega et.al. 2017). Thus, children growing up in the authoritative environment have better overall well-being and higher performance in school related activities (Baumrind, 1991). One of the studies conducted by Dehyadegary et.al. (2012) found that authoritative parenting style has significant and positive relationship with adolescent's academic achievement as compared to permissive and authoritarian.

According to the findings, a number of factors influence the character of parenting approaches. These include socioeconomic status, family structure, gender, ethnicity, race, parental educational level, occupation, and income. The majority of research used a small sample size and ignored the cultural aspect.

The results show that among all parenting styles, authoritative parenting leads to better academic attainment in adolescent children. It was also discovered that students perform better academically when both lenient and authoritative parenting methods are used. Mothers were recognised as playing a critical role in their children's academic success, and they were frequently adopting an authoritative parenting style that resulted in improved academic performance.

Positive impact

Authoritative parenting style was the most common parenting style adopted by parents which results into positive and better outcome among children. (Durlak, 2011; Turashvili, 2012) concluded that better academic performance resulted into better psychological well-being. The reason is that as (Aemro, 2015 and Baumrind, 1991) have found that authoritative parents are receptive to criticism and provide their children with explanations and justifications for their behaviours and demands. They give their young ones the freedom to do as they choose so far, they're given a good reason to persuade their parents. They also establish clear rules and use reasonable control in a lawful and loving way. (Gladstone and Parker, 2005., Aemro, 2015; Cripps & Zyromski, 2009) found teenagers who thought their parents were warm, loving, and caring but not overbearing tended to be more proficient in autonomy, interpersonal interaction, and self-awareness. When a parent adopts an authoritative parenting style, the child participates in decision-making, but the parent nonetheless controls behaviour while considering the child's opinions. Greater levels of self-worth in adolescents have been linked to parental authoritativeness. (Buri, Louiselle, Misukanis & Mueller, 1988). Compared to their peers from autocratic and permissive homes, adolescents from democratic homes are better at adjusting to social circumstances (Adegboyega 2017). On the other hand, it was discovered that a permissive parenting approach leads towards better academic achievement while as only

parenting style that is negative to adolescents' academic achievement in Taiwan is the combination of an authoritative father and a neglectful mother. Since permissive parents are relatively more willing to grant their children autonomy. (Kuan & Wang 2016).

1. Negative impact

After examining the findings of the studies, it can be stated that an authoritarian parenting style is not linked to children's improved academic achievement. Authoritarian parents have a high level of demands but a low level of responsiveness. Authoritarian and permissive parenting styles were found to be connected with worse academic attainment than authoritative parenting methods. It was found that negative correlation exists between authoritarian parenting and good grades (Steinberg 1996). Authoritarian and Permissive styles adopted by both parents were found to have a negative impact on academic achievement Yasmin, Khiani & Chaudhary (2014) An excessive amount of parental pressure combined with an authoritarian approach can frequently lower children's intrinsic desire, making them dependent on outside sources and impeding their ability to learn (Verenikina, Vialle & Lysaght, 2011). When compared to their peers who thought their parents were authoritative or dictatorial, students from permissive parenting had much poorer academic accomplishment (Kambo 2006). When it comes to taking care of their children, permissive parents are more lenient. Even if their children are in the wrong, they support or stand with them. Permissive parents provide their children unrestricted freedom, which leads to indiscipline and poor academic achievement.

Conclusion

There is evidence to imply that parenting style and academic achievement are linked, according to the current systematic study. Parents appear to have a significant influence on their children's academic performance. Each parenting style has psychological characteristics that help to manage children's behaviour. When compared to non-authoritative parents, authoritative parenting has a beneficial impact on academic self-efficacy and achievement motivation among boys and girls. Children raised by authoritative parents have a higher level of autonomy/independence and are more self-reliant, self-controlling, secure, and curious than children raised by permissive or authoritarian parents. (Abesha 2012; Anjum & Kausar, 2009; Aemro, 2015; Forjd, 2008). Modest correlations between parenting styles and academic achievement have been revealed in this review. According to current study, authoritative parenting has a favourable impact on academic accomplishment, whereas authoritarian parenting has a detrimental impact on teenagers' academic achievement. According to the findings, there is a strong need to better understand parents' parenting styles and training in order to assist them in choosing a parenting style that would help them overcome academic performance issues in their children and adolescents. Furthermore, further research across countries is needed to compare the effects of different parenting methods in diverse cultures and communities. Trainers, educational institutions, parents, and, eventually, children and adolescents will benefit from this.

Despite the fact that this study has valuable data, it does have certain drawbacks. This research is a review analysis. The association between parenting styles and academic achievement will be better understood through meta-analytic evaluations.

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Conflicts of interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

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