



Original Article

The Dynamics of Pedagogical Content Knowledge (PCK) and Team Teaching in Improving Teaching Effectiveness

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Abstract

In modern education, teachers' knowledge and collaborative teaching skills must be combined to achieve effective teaching. This study explores the effectiveness of combining team teaching with content-based knowledge (PCK) in improving teaching quality. Based on Lee Shulman's theoretical perspectives and Lev Vygotsky's social constructivist ideas, this study conducted a qualitative secondary analysis of peer-reviewed papers published between 2010 and 2025. The results show that by combining content knowledge with instructional methods and knowledge of students, PCK helps educators to turn subject matter into relevant and easily accessible learning experiences. Conversely, team teaching improves instructional effectiveness by means of cooperation, shared knowledge, and reflective practice. According to research, there is a synergistic relationship between team teaching and PCK, and a collaborative environment helps to develop and apply PCK in the classroom setting.

This integration has resulted in more comprehensive curriculum plans, more flexible teaching methods, greater student participation, and better learning outcomes. To maintain teaching effectiveness, the study emphasizes the need for teacher education curricula and institutional policies to support the enhancement of subject-matter knowledge and small group teaching methods.

Keywords: Pedagogical Content Knowledge, Team Teaching, Instructional Strategies, Teaching Effectiveness, Teacher Collaboration

Introduction

Teaching effectiveness is more and more understood as a complex and multidimensional construct in the context of swiftly changing educational expectations that go past the dissemination of subject knowledge to include the promotion of significant learning, student involvement, and adaptive teaching methods. Modern classrooms, marked by diversity in students' backgrounds, capabilities, and expectations, call upon teachers to combine in-depth subject matter knowledge with pedagogical skills and contextual awareness. As Lee Shulman first described it, Pedagogical Content Knowledge (PCK) has developed inside this framework to be a core idea for grasping successful teaching. PCK is the combination of pedagogical techniques and subject matter expertise that lets teachers' converts' sophisticated disciplinary knowledge into forms that students can understand and access. The importance of PCK is strongly backed by empirical research; For example, research have shown (Baumert et al., 2010; Hill et al., 2005) that more PCK is related with better instructional quality, clearer explanations, and higher student performance. As tools for improving teaching efficiency parallel to the focus on personal teacher capacity, collaborative teaching techniques like team teaching have drawn more and more attention. The characteristic of team teaching is that teachers share responsibility in lesson preparation, teaching, and assessment, which enables them to combine their individual skills to more successfully meet the needs of different learners. Particularly the work of Lev Vygotsky, who stressed that information, is created by social interaction and guided engagement, this collaborative approach fits with socio-constructivist viewpoints. Team teaching encourages professional learning and helps to constantly improve pedagogical techniques via co-planning, co-instruction, and reflective conversation.

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Constructivist learning theory, Shulman's framework of teacher knowledge, and collaborative learning ideas make up the theoretical underpinnings of this research. Team teaching improves the practical application of PCK's cognitive and didactic foundation through interaction, reflection, and common knowledge. The convergence of these viewpoints offers a comprehensive lens for examining how the interplay between knowledge and cooperation contributes to improved teaching effectiveness in contemporary educational settings.

Review of Literature

Pedagogical Content Knowledge (PCK):

Widely accepted as a key predictor of teaching effectiveness, Pedagogical Content Knowledge (PCK) was developed by Lee Shulman. It shows how teachers combine their knowledge of what they want to teach with their ability to teach it. This event helps them to make hard things easier for students to understand.

Strong proof from empirical studies supports the link between PCK and teaching performance. In a sizable long-term study, for instance, Baumert et al. (2010) discovered that, especially in mathematics education, teachers' PCK substantially predicts student performance. The research showed that, in addition to delivering content, PCK promotes cognitive activation in classrooms, which improves students' higher-order thinking ability.

Hill et al. (2005) also looked at how well teachers with more mathematical knowledge could do in teaching. They found that teachers who knew more about math were better at giving clear instructions, helping students learn, and fixing mistakes. Their research clearly demonstrates that PCK directly impacts teaching quality and classroom interaction.

Grossman (1990) further supports this perspective by asserting that PCK helps teachers to modify instruction depending on students' needs and bridges content knowledge with teaching practice. Furthermore, more recent meta-analytic studies (Schmidt et al., 2024) show that across subjects PCK has a highly significant impact on student learning results as well as teaching quality.

Adaptive teaching is strongly related to scaffolding, whereby teachers adapt instructional assistance according to the needs of the pupils. Gradually reaching independence and conceptual understanding, learners profit from techniques including directed questioning, modeling, and feedback (Adhikari et al., 2024).

The research shows that PCK is a basic component of great teaching rather than just a single skill that affects how clearly the material is presented, how interested the students are, and how well they do in school.

Creation of Pedagogical Content Knowledge (PCK):

Multiple elements including teaching experience, reflective practice, and professional development affect the ongoing and ever-changing development of PCK.

Studies show that PCK is greatly shaped by teaching experience. Teachers improve their grasp of student learning mechanisms and evolve more successful teaching methods as they participate in classroom activities. Nilsson (2008) underlined that PCK develops via interaction

with particular learning settings, student traits, and subject matter and is quite context-dependent.

Another important aspect of PCK growth is reflective practice. Reflective practitioners, according to Schön (1983), constantly examine their classroom experiences, therefore enhancing their ability to make instructional judgments. Researches on reflective practice among teachers have revealed that those who do so are more likely to spot student errors and modify their instruction in response.

Furthermore greatly enhancing PCK are expert development initiatives. Studies on ekiz-Kiran et al. (2021) revealed that structured training courses, especially those combining group projects and classroom observation, significantly raise teachers' PCK. Teachers can combine theoretical understanding with real-world application through such initiatives.

Moreover, cooperative learning settings like professional learning communities have been shown to help PCK development by promoting knowledge sharing and group reflection (Loughran et al., 2012). These results imply that, rather than being set, PCK is always being molded by experience, introspection, and contact.

Team teaching and group work: An efficient teaching method that improves teaching quality by means of cooperation is team teaching, sometimes called co-teaching. Two or more educators cooperate in the planning, delivery, and evaluation of instruction.

Studies show that team teaching has a number of advantages. Combining different skill sets is one of the main benefits. More thorough and successful teaching comes from the variety of content knowledge and pedagogical approaches that teachers bring in. Friend et al. (2010) argue that in inclusive classrooms especially, cooperative teaching lets teachers meet a larger variety of student needs.

Team teaching also produces yet another important result: reflective discussion. Encouragement of teachers to talk about teaching methods, give feedback, and participate in ongoing professional development is achieved in cooperative settings. This fits with Lev Vygotsky's theories of social constructivism, which say that knowledge is made when people work together and talk to each other.

Team teaching is supported by empirical data. A meta-analysis of co-teaching studies by Murawski and Swanson (2001) reveals that cooperative teaching positively affects student performance, especially for kids with varying learning requirements. The research also showed that teachers were better at their jobs and classroom management got better.

Team teaching also encourages inclusive education since it lets teachers personalize assistance and vary their delivery. It encourages a caring learning environment in which several viewpoints and teaching approaches help pupils.

New research even indicates that by exposing instructors to fresh pedagogical approaches and content interpretations, team teaching helps to enhance PCK. This implies that cooperation not only increases the effectiveness of teaching but also broadens teachers' professional knowledge.

Table 1: Summary of Literature Review on PCK and Team Teaching

| Author(s) & Year | Focus Area | Research Type | Key Findings | Implications for Teaching Effectiveness |
|---------------------------|---------------------------|--------------------------|---|--|
| Lee Shulman (1986) | Concept of PCK | Theoretical | Introduced PCK as integration of content and pedagogy | Foundation for effective teaching practice |
| Baumert et al. (2010) | PCK & Student Achievement | Empirical (Longitudinal) | PCK significantly predicts student performance and cognitive activation | Enhances higher-order thinking and learning outcomes |
| Hill, Rowan & Ball (2005) | Mathematical PCK | Quantitative Study | Higher PCK improves explanations and scaffolding | Improves instructional clarity and student understanding |
| Grossman (1990) | Teacher Knowledge | Theoretical | PCK bridges content and pedagogy | Supports adaptive teaching strategies |
| Schmidt et al. (2024) | PCK Meta-analysis | Systematic Review | Strong correlation between PCK and teaching quality | Evidence-based validation of PCK effectiveness |
| Nilsson (2008) | PCK Development | Qualitative Study | PCK is context-dependent and evolves through teaching | Emphasizes role of classroom interaction |
| Donald Schön (1983) | Reflective Practice | Theoretical | Reflection improves professional knowledge | Strengthens instructional decision-making |
| Ekiz-Kiran et al. (2021) | PCK Development | Experimental | Training programs enhance PCK | Importance of structured professional development |
| Loughran et al. (2012) | PCK & Teacher Learning | Conceptual | Collaborative learning improves PCK | Promotes professional learning communities |
| Friend et al. (2010) | Team Teaching | Qualitative | Collaboration enhances instructional practices | Improves teaching quality and inclusiveness |
| Lev Vygotsky (1978) | Social Constructivism | Theoretical | Learning occurs through interaction | Supports collaborative teaching models |
| Murawski & Swanson (2001) | Co-teaching Effectiveness | Meta-analysis | Team teaching improves student outcomes and teacher efficacy | Supports inclusive and collaborative classrooms |

This table reveals:

- Theoretical, empirical, and meta-analytic studies all show that PCK is always a major factor in how well a teacher does.
- PCK evolves depending on experience, introspection, and professional development; it is not static.
- By encouraging teamwork, shared knowledge, and reflective conversation, team teaching helps to enhance PCK application.

Generally, the research points toward a significant convergence toward using collaboration (team teaching) and knowledge (PCK) to improve teaching effectiveness.

Objectives

- To analyze the role of PCK in teaching effectiveness
- To examine the contribution of team teaching

- To explore the dynamic interaction between Pedagogical Content Knowledge (PCK) and team teaching

Research Questions:

- In what ways does Pedagogical Content Knowledge (PCK) impact the effectiveness of teaching in classroom environments?
- What is the significance of team teaching in improving teaching quality and classroom effectiveness?
- In what ways does the combination of Pedagogical Content Knowledge (PCK) and team teaching enhance teaching effectiveness?

Methodology:

This study uses a secondary qualitative research design based on thematic analysis of peer-reviewed literature.

Inclusion and Exclusion Criteria:

Table 2: Inclusion and Exclusion Criteria

| Criteria Type | Details |
|---------------|---|
| Inclusion | Peer-reviewed articles (2010–2025), PCK & team teaching focus |
| Exclusion | Non-academic sources, unclear methodology |

Data Analysis:

Thematic analysis focusing on:

- PCK development
- Collaboration
- Teaching effectiveness

Conceptual Understanding:

In its conceptual framework, this study links team teaching with Pedagogical Content Knowledge (PCK) as

mutually reinforcing components of teaching effectiveness. Lee Shulman's proposed PCK underlines how subject matter becomes meaningful learning when content knowledge, pedagogy, and learner understanding are combined. This complex system is summed in Table 3. On the other hand, team teaching adds a group aspect in which shared knowledge, group planning, and reflective techniques help to enhance the caliber of teaching as seen in Table 4.

Table 3: Components of PCK

| Component | Description | Role |
|-----------------------|------------------------|---------------------|
| Content Knowledge | Subject expertise | Accuracy |
| Pedagogical Knowledge | Teaching methods | Delivery |
| Knowledge of Learners | Understanding students | Engagement |
| Curriculum Knowledge | Syllabus alignment | Relevance |
| Assessment Knowledge | Evaluation | Outcome measurement |

Major empirical and theoretical contributions are summarized in Table 1, which shows that PCK is always a key factor in instructional efficacy. The shift from theoretical (Shulman) to empirical (Schmidt et al.)

investigations shows that PCK is well-validated in a variety of settings.

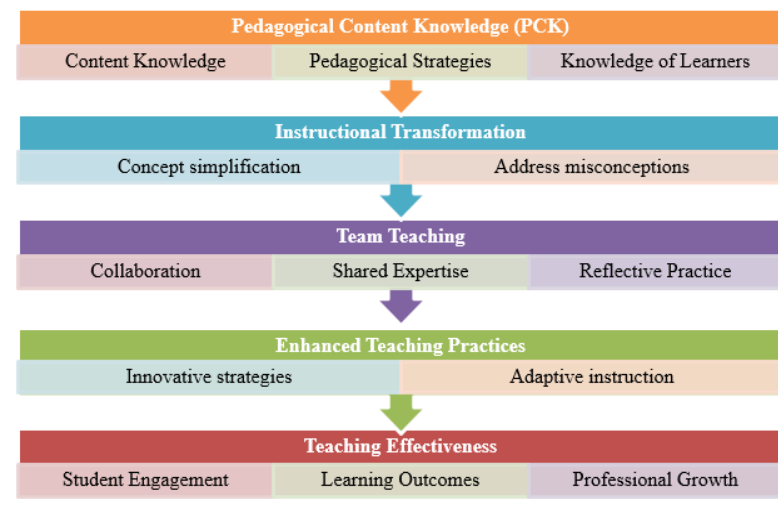
Table 4: Features of Team Teaching

| Feature | Description | Impact |
|------------------|--------------------|---------------------|
| Collaboration | Joint teaching | Better planning |
| Shared Expertise | Combined knowledge | Improved delivery |
| Reflection | Joint evaluation | Professional growth |
| Flexibility | Adaptive methods | Inclusive learning |

As shown in this table, PCK is not a single concept but rather a fusion of many different fields of knowledge. The integration of content, teaching strategies,

and student comprehension guarantees efficient instruction that is in line with Grossman's 1990 findings.

Figure 1: Conceptual Flowchart of PCK and Team Teaching for Teaching Effectiveness



Findings and Discussion:

Based on the synthesis of current data and thematic interpretation, the results and discussion of this research examine how pedagogical content knowledge (PCK) and team teaching help to improve teaching effectiveness.

Adaptive instruction: It is intimately related to Pedagogical Content Knowledge (PCK) as teachers must use relevant techniques depending on the degree of comprehension and background of the pupils.

Role of PCK: PCK enhances teaching effectiveness by improving instructional clarity, addressing misconceptions, and promoting student engagement.

Figure 2: Role of PCK in Teaching Effectiveness

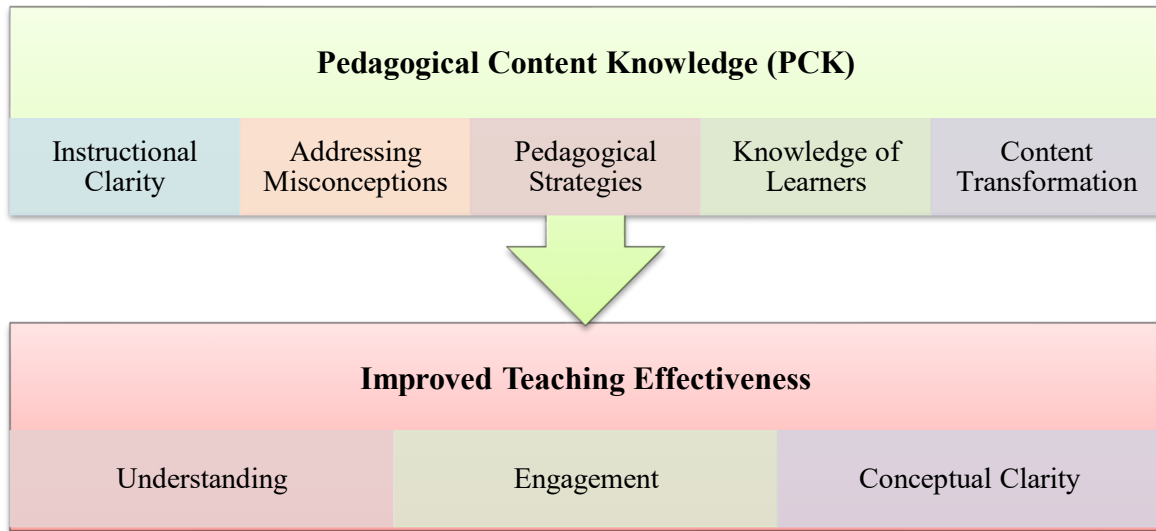


Figure 2 illustrates how PCK components contribute to effective teaching.

Role of Team Teaching:

Team teaching improves instructional quality through collaboration, shared expertise, and reflective practice.

Figure 3: Role of Team Teaching in Teaching Effectiveness

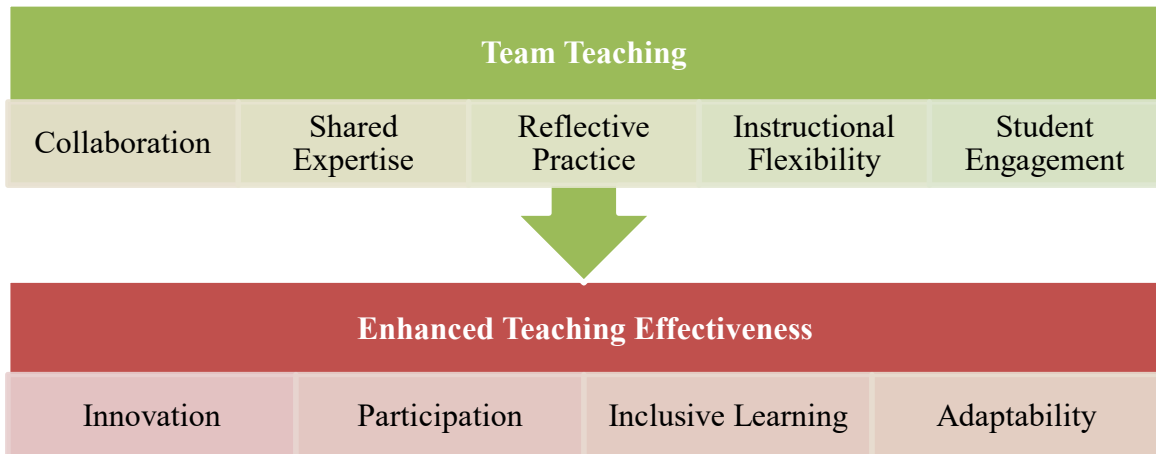


Figure 3 shows how collaboration improves teaching quality and outcomes.

Comparative Perspective:

Table 5: Traditional vs Team Teaching

| Aspect | Traditional | Team Teaching |
|--------------------|-------------|---------------|
| Teaching Style | Individual | Collaborative |
| Flexibility | Limited | High |
| Innovation | Low | High |
| Student Engagement | Moderate | High |

This comparison indicates that team teaching offers more flexibility and involvement compared to

conventional methods. It promotes student-centered learning, crucial in contemporary educational systems.

Synergistic Interaction:

Table 6: Integration of PCK and Team Teaching

| Dimension | PCK Role | Team Teaching Role | Outcome |
|-------------|------------------------|----------------------|----------------------|
| Planning | Content transformation | Collaborative design | Better lessons |
| Teaching | Strategy selection | Multiple approaches | Better understanding |
| Interaction | Address misconceptions | Shared engagement | Active learning |
| Assessment | Evaluate learning | Joint feedback | Accurate results |

This investigation is focused on Table 5. It illustrates the relationship between team teaching and PCK at various points in the lesson. As a result of this

integration, lesson planning, delivery, and evaluation are all improved.

Thematic Findings:

Table 7: Key Themes

| Theme | Description |
|-----------------------|------------------------|
| PCK as core knowledge | Essential for teaching |
| Collaboration | Enhances quality |
| Reflection | Improves practice |
| Engagement | Boosts learning |
| Professional growth | Continuous development |

The themes identified, such as engagement, reflection, and collaboration, emphasize the fundamental components of successful instruction. Across several research studies, these themes are consistent.

These findings highlight the need of combining teamwork with attention on instructor knowledge if you want to be a successful long-term teacher.

Limitations

- Reliance on secondary sources: Since the research relies on secondary sources, there are restrictions on the ability to conduct direct empirical validation and demonstrate causal links.
- Variations in PCK concepts: Different research may describe and understand Pedagogical Content Knowledge (PCK) differently, which could result in analysis and comparison inconsistency.
- Limited integration research: Due to a dearth of studies encompassing PCK and team instruction, the current body of knowledge has a significant hole.

Depending on the context, differences in learner characteristics, course content, and educational settings may limit the applicability of the findings.

Implications:

The results of this study have significant implications for raising the teaching level in a range of educational settings.

- Teacher Education: To enable teachers grow in teamwork and teaching ability, pair PCK that is, pedagogical content knowledge with cooperative teaching approaches.
- Schools: Encourage group teaching strategies to help students fulfill their many requirements, enhance knowledge sharing, and improve instruction, therefore elevating the standard for education.
- Policy: Make a plan for professional development that includes workshops, group workspaces, and institutional support for teacher growth.
- Research: To provide evidence-based insights and add to the body of knowledge already existing, do empirical studies combining team teaching and PCK.

Conclusion:

Considering the dynamic interaction between Pedagogical Content Knowledge (PCK) and team teaching, this study looked at how team-teaching affects instructional efficacy. Drawing on recent research, it helps Lee Shulman's idea of PCK as the basis of good education since it lets teachers transform knowledge into meaningful and comprehensible learning events. Strong PCK on the part of a teacher translates into more instructional clarity, improved handling of student misunderstandings, and more student involvement. Team teaching, on the other hand, provides a cooperative atmosphere whereby shared knowledge, careful debate, and group problem-solving raise teaching quality. Based on socio-constructivist ideas such as those of Lev Vygotsky, it promotes expert learning and knowledge co-construction. The study stresses that incorporating PCK and team instruction synergistically enhances lesson preparation, teaching delivery, and evaluation techniques. This approach improves student learning results and encourages continual teacher growth. Therefore, in the current academic environment, maintaining long-term teaching effectiveness requires promoting both strong PCK and group classroom environments.

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Conflicts of interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

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